

MATERNITY BENEFIT



Our maternity benefits are designed to support you during your pregnancy and childbirth, to give your little one the best possible start. These benefits are paid from Risk, so they will not affect your savings or day-to-day benefits. To get even more value, make sure you use a provider on our network.

WHAT DOES THIS BENEFIT COVER?

- Antenatal consultations
- 2D ultrasound scans
- Antenatal classes with a midwife
- Amniocentesis
- Postnatal consultations with a midwife
- Congenital hypothyroidism screening for children under one month old
- Newborn hearing screening (In or out of hospital)

The availability of these benefits depends on the plan you have chosen.

REMEMBER TO PRE-AUTHORISE YOUR HOSPITAL STAY

1

We need a pre-authorisation number for your pregnancy. This can be done from 20 weeks onwards. Please call us on 0860 002 108 or email hospital@bonitas.co.za to pre-authorise your hospital stay.

2

You will need to provide us with the following information:

- Membership number
- Name and surname
- Date of expected delivery
- Type of delivery
- Procedure and ICD-10 codes
- Name and practice numbers of the hospital and your treating doctor/s



MATERNITY PROGRAMME OFFERING

We believe that as an expecting mom your pregnancy should be a unique and joyful experience. On top of your our maternity benefits, the Bonitas Maternity Programme offers members even more support. Through targeted assistance during each trimester, pregnancy education and specific related engagements, via telephone and digital channels, we aim to help our members, achieve this. With our Maternity Programme, we hope to improve the health of moms-to-be and, as a result, reduce the number of complications.



DIGITAL WEBINARS AND EVENTS

These cover various aspects of maternity and baby care (held twice a month).



24/7 MATERNITY HEALTH ADVICE LINE

Call 087 056 988 for any health-related queries during your pregnancy.



WEB CONTENT

Access a series of articles regarding common health issues during pregnancy.



BONITAS BABY BAG

Get a beautiful baby bag packed with goodies for you and your newborn. To register, call 0860 999 121. You must be at least 24 weeks pregnant and have obtained pre-authorisation for your delivery.



PREGNANCY EDUCATION EMAILS

Receive weekly emails for the duration of your pregnancy on various childbirth topics.



DEDICATED CLINICAL CARE ADVISORS

A maternity nurse/midwife will call you at certain key stages throughout your pregnancy.



WEEKLY STAGE, APPROPRIATE SMSs

Receive weekly SMSs appropriate to the specific stage in your pregnancy.



ONLINE ANTENATAL CLASSES

Access online antenatal classes to prepare you for the birth, your stay in hospital and when you go home.

TO JOIN THE MATERNITY PROGRAMME, SIMPLY CALL 087 056 9888.